



Table 6: Traveller's Diarrhoea Treatment Kit

TRAVELLER'S DIARRHOEA TREATMENT KIT	
Basic kit contents include	• Oral rehydration sachets • Antimotility agent e.g. loperamide (>12 years only)
A more advanced kit might also contain	• Anti-emetic such as metoclopramide (>20 years only) or ondansetron (children and adults) • Anti-spasmodic such as hyoscine butylromide (buscopan) • Antibiotic such as azithromycin for standby treatment for specific travellers only (including those with dysentery) • Anti-parasitic agent such as metronidazole or ornidazole (NZ)